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# **Benefits of a HEPA Air Purifier**

Airborne particles are worth looking out for because they can damage your health. Health complaints can be caused by breathing in these particles. People want to remove lots of these particles.

Filters can be used to remove particles. Tiny particles need to be filtered out using tiny filters. These filters are known as HEPA filters. These filters are very efficient and are also known as High Efficiency Particulate Arresting filters. These filters have been around ever since the 1950's. They were designed as a protection from radioactive fallout by the US Department of Defense.

These filters are very efficient and manage to filter out almost all particles. They are able to remove 99.97% of particles.

These filters are very efficient and can remove lots of allergens including dust mites, dust, mold, pollen, and pet dander. Asthma and allergies can be treated using HEPA filters.

### **Health Benefits of HEPA Air Purifier**

Snoring can be very annoying. You won't just be annoyed by snoring because you will also end up annoying your family. The condition can be improved by using HEPA filters.

These HEPA filters will also help to relieve congestion which can be caused by allergies and other things.

Modern houses have better insulation and this means that there are normally more particles in the air.

The filters are small in size and this also means that the small units can be fitted anywhere. The filters are very efficient and very easy to fit into a room.

Using a HEPA filter offers a number of great health benefits.

### **HEPA Vacuum**

HEPA filters can also be included in vacuum cleaners. These vacuum filters are very easy to use and great for allergies. These HEPA vacuums will ensure that no particles are released into the air.

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