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Use Tested Medicines For Your Acne With Pharmaceutical Consulting

Several types of prescription topical medicines include benzoyl peroxide, tretinoin, adapalene, and azelaic acid. Some people develop side effects from using prescription topical medicines including stinging, burning, redness, peeling, scaling, or discoloration of the skin. Treatments that have gone through [pharmaceutical consulting](#) during the development stage will have fewer side effects.

Redness, inflammation and acne-causing bacteria is reduced with oral treatments. Clindamycin and erythromycin are two of the antibiotics used for this treatment. There can be side effects when these are taken too including stomach ache, dizziness or oral thrush.

When males have acne it is important that they use the right razor blades. Before applying the shaving cream, the beard can be softened by washing it with soap and water. Using a sharp blade and shaving lightly helps avoid cuts and rupturing pimples.

Some products which are marketed for use on acne can make your skin more susceptible to skin burn. Areas where acne occurs can be dried up if a short time is spent in the sun. Too much exposure to the sun can cause rapid skin aging, skin cancer and can make your skin drier.

You may think that you have oily or at least combination skin if you suffer from acne. But actually, it's neither of these. Problem skin is the best way to describe your type of skin. Acne can be irritating for most people since it can almost be unpredictable and uncontrollable once it strikes.

So far there is no way of knowing when or if you will get acne so it cannot be prevented except with a daily skin routine. Your diet, genes and environmental factors like stress all play a part. If you do have bad skin, start a skin care regime which cleanses tones and moisturises your skin keeping it clean. However please try to keep weight gain off your skin care program as the two do not go together.

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